



## Colonel Rowe Combat Survival Kit

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### Fire Starting & Illumination:

- 1 Metal match with a scraper or butane lighter
- 10 Wind & waterproof matches with striker
- 5 Waterproof tinder
- 1 Tea candle
- 1 Handheld flashlight or headlamp
- 1 Spare bulbs/batteries

### Protection & First Aid:

- 1 Basic first aid kit
- 2 Waterproof survival and first aid instruction
- 1 Lypsyl lip balm with sun screen

### Kit & Tools:

- 1 Signal mirror
- 1 Sturdy fixed or folding blade knife
- 1 Wire saw or folding saw
- 2 Single edge razor, scalpel, or X-acto blades
- 1 Golf pencil or Sharpie pen
- 22 in. Cloth/duct tape (wrap around pencil)
- 50 ft. Parachute line or 550 Cord
- 20 ft. Brass wire snare
- 1 Plastic compass - with degree markings
- 2 Sewing needles
- 26 ft. Sewing thread on plastic bobbin (half filled)
- 3 Safety pins
- 35 ft. Fishing line approx. 25 lb. test
- 3 Small fishhooks with leader line
- 3 Split shot sinkers
- 1 Whistle with lanyard
- 25 ft. Fluorescent plastic surveyors tape

### Insulation:

- 1 Poncho, plastic sheet, or orange trash bag
- 1 Space blanket

### Nutrition & Hydration:

- 2 ft.<sup>2</sup> Aluminum turkey foil (for cooking)
- 1 Mess kit and eating utensil
- 6 Salt and Dextrose tablets (450mg Sodium Chloride, 200mg Dextrose)
- 5 Food bars high in carbohydrate
- 6 Water purification tablets (Chlorine)
- 2 Condoms

### Make Sure Your Survival Kit Meets This Criteria:

- Lightweight and compact
- Adjustable depending on the season
- Contains reliable (frequently checked) equipment
- Last several nights in a particular season